The presence of diverse groups in the United States is a source of national pride. However, this cultural sentiment is overshadowed by the reality that some groups carry a disproportionate burden of negative physical and mental health outcomes. Race, ethnicity, immigrant status, disability, sexuality, gender, socio-economic status, and geographical residence are all associated with health disparities in the United States.

In this Congressional Seminar, Dr. Luis Rivera of Rutgers University will provide an overview of what we know about both physical health disparities (e.g., rates of overweight and obesity, hypertension) and mental health disparities (e.g., rates of depression and psychological distress) in the United States, and why they exist and persist. Drawing from his own research focusing on Hispanic and African Americans, Dr. Rivera will also discuss how health disparities manifest within both children and adults, in part because of implicit biases, and the implications of this research for health policy.

This is a widely attended event. Lunch will be provided.

RSVP to Sarah Mancoll (smancoll@spssi.org) by Friday, March 3 to confirm your attendance.