Ninth Annual

PSYCHOLOGY DAY
at the
UNITED NATIONS

From Vulnerability to Resilience: Using Psychology to Address the Global Migration Crisis

United Nations Headquarters Conference Building CR-1
New York, New York

Thursday 28 April 2016
3:00pm – 6:00pm

Website: unpsychologyday.org
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Co-Sponsored by*
The Permanent Mission of El Salvador to the United Nations and
The Permanent Mission of Palau to the United Nations

*See the final page of this program for a complete list of co-sponsors.
PROGRAM

NINTH ANNUAL PSYCHOLOGY DAY at the UNITED NATIONS

THEME: From Vulnerability to Resilience: Using Psychology to Address the Global Migration Crisis

Forced migration is an overwhelming crisis today on the international stage, both in scope and in complexity, affecting every region of the world. Migration, in particular the forced migration of refugees fleeing conflict and economic deprivation, is a cross-cutting issue bearing significant relevance to the UN agenda. This program examines the global migration crisis through Human Rights, Psychological, and Intercultural Perspectives. Presenters will integrate psychological science and practice into the work of civil society and governmental response and illustrate their relevance to the UN 2030 agenda for Sustainable Development.

REGISTRATION AND NETWORKING

INTRODUCTION

Co-Chairs of the Ninth Annual Psychology Day at the United Nations:

Rashmi Jaipal, Ph.D.  
*American Psychological Association, Professor Emeritus of Cross Cultural Psychology, Bloomfield College, New Jersey*

Roseanne Flores, Ph.D.  
*American Psychological Association, Associate Professor, Department of Psychology, Hunter College of the City University of New York.*

OPENING REMARKS

H.E. Ambassador Rubén I. Zamora  
*Permanent Representative, Permanent Mission of El Salvador to the United Nations*

PANEL 1: Cultural Integration in the Process of Resettlement

Moderator: Ayorkor Gaba, Psy.D.  
*UN Representative, American Psychological Association*
Speakers:

Brigitte Khoury, Ph.D.
Director, Arab Regional Center for Research, Training and Policy, American University of Beirut

Title of Presentation: Psychology's Role in a Refugee Crisis: A Three-phase Intervention

Monica Indart, Psy.D.
Assistant Professor, Clinical Visiting Faculty, Graduate School of Applied and Professional Psychology, Rutgers University

Title of Presentation: Integrating Social Justice with Trauma-informed Care: Re-envisioning Crisis Intervention Theory and Practice for the Global Refugee Crisis

Ambreen Qureshi
Deputy Executive Director, Arab-American Family Support Center

Title of Presentation: Cultural Integration through the Settlement House Model at the Arab-American Family Support Center

Q & A and DISCUSSION

PANEL 2: Children, Youth, and the Migration Crisis

Moderator: Rachel Ravich, Ph.D.
UN Representative, Society for the Psychological Study of Social Issues

Speakers:

Michael Wessells, Ph.D.
Professor, Program on Forced Migration and Health, Columbia University

Title of Presentation: Supporting the Rights and Well-Being of Children and Youth in Settings of Forced Migration: A Resilience Approach

Dina Birman, Ph.D.
Associate Professor of Educational and Psychological Studies, Director of Ph.D. Program in Community Well-Being, University of Miami, School of Education and Human Development

Title of Presentation: Needs, Rights, and Well-Being of Migrant Children and Youth
Eskinder Negash  
*Senior Vice President of Global Engagement at the U.S. Committee for Refugees and Immigrants (USCRI)*

Title of Presentation: Mental Health and the Refugee Journey

Naqibullah Safi  
*Senior Emergency Coordinator, Emergency Programme Division (EMOPS), United Nations Children’s Fund (UNICEF)*

Title of Presentation: Migration and Children’s Psychological Health: The Case of Refugees and Migrants’ Crisis in Europe

**Q&A and DISCUSSION**

**CLOSING REMARKS**

H.E. Ambassador Dr. Caleb Otto  
*Permanent Representative, Permanent Mission of Palau to the United Nations*

**RECEPTION**

Piccolo Fiore Restaurant  
230 East 44th Street, New York, NY 10017  
*(NOTE: Advance reservations required)*
Rashmi Jaipal, Ph.D.
Dr. Jaipal is Professor Emeritus of Psychology from Bloomfield College, New Jersey, and Representative of the American Psychological Association at the UN since 2013. She was the Co-Chair of the 2014 Psychology Day at the UN Planning Committee and obtained Permanent Mission co-sponsorship for the event, organized side events, and did mission outreach in the spring of 2014 to advocate for the inclusion of mental health and well-being in the UN post-2015 agenda for Sustainable Development.

Dr. Jaipal has a Ph.D. in clinical and cross-cultural psychology from the New School for Social Research. At Bloomfield College, she started a Diversity Training Certificate program and received a grant to found a Center for Cultures and Communication. She has conducted cross cultural training workshops, “Opening Windows,” based on the idea of implicit culture; and started a Center initiative, Alternative Visions for the Future, to research cultures of sustainability and build bridges between the local and the global. She has presented diversity workshops at many conferences including APA, NJIT and Columbia University Teachers College Winter Round Table. Dr. Jaipal’s research is on Indian indigenous traditions, on internationalizing the psychology curriculum, and currently on the psychological aspects of sustainable development. She has published and presented on these topics at the UN, international conferences, the annual APA convention, and the National Association of Psychology in India. She has traveled extensively and cultural diversity is central to her life and work.

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Roseanne L. Flores, Ph.D.
Roseanne L. Flores is an Associate Professor in the Department of Psychology at Hunter College of the City University of New York (CUNY). She received her Ph.D. from the Graduate Center of CUNY, and more recently an Advanced Certificate in Public Administration and Public Policy as well as a Certificate in Health Care Policy and Administration, both from the CUNY School of Professional Studies. She is also a Faculty Associate of the Roosevelt House Public Policy Institute at Hunter College, and a member of the Human Rights faculty. She is a Developmental Psychologist by training and was a National Head Start Fellow in the Office of Head Start in Washington, DC, in 2009-2010 where some of her work focused on research, practices, and policies that influenced children, families, and communities. She also worked at the Institute of Education Science in the National Center for Education Research on the development of a template for the dissemination of assessment instruments developed from research in the field. In 2009 she was a Visiting Scholar at the Educational Testing Service in Princeton, NJ, where she worked in the areas of assessment, research and policy. In 2011 she served as a reviewer for the Race to the Top – Early Learning Challenge Grant, and also for The Preschool Development Grants in 2014.

Dr. Flores was a member of the 2011-2012 class of the American Psychological Association Leadership Institute for Women in Psychology, and the 2013 co-chair of the Committee on Children, Youth and Families. She is currently serving as an ECOSOC Representative to the United Nations for the APA, as a member of the Coalition for Psychology in Schools and Education, also at the APA, and as a member of the NGO Committee on Children’s Rights, New York.

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BIOGRAPHIES OF PROGRAM SPEAKERS  
(Listed in Order of Presentation)

OPENING REMARKS

H.E. Ambassador Rubén I. Zamora
Ruben I. Zamora is Ambassador and Permanent Representative to the United Nations for El Salvador. He obtained his Licenciatura en Ciencias Juridicas (Law) from the University of El Salvador, and his M.A. in Political Science from Essex University, England. Prior to holding the position of Ambassador to the United Nations, he was head of the Political Science Department at the University of El Salvador, and Visiting Lecturer and Researcher at various universities, including San Carlos and Rafael Landivar (Guatemala), Stanford (USA), Wilson Center, Washington, DC, (USA), and Kellogg Institute for International Studies, Notre Dame (USA). Dr. Zamora is a Founder and Board Member of INTERPEACE (formerly WSP-International), Geneva, Switzerland, and President of the Salvadorian Institute for Democracy (ISPADE). He previously consulted for UNDP on programs in Guatemala, Panama, and Cyprus. He has held numerous political positions in El Salvador, including member of the Legislative Assembly, candidate to the Presidency of the Republic (1994 and 2000), Founder and Vice-President of the Democratic Revolutionary Front (FDR), Founder and General Secretary of the Social Christian Popular Movement, and most recently, the United Democratic Center (CDU). He was formerly Ambassador of El Salvador to India.

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PANEL SPEAKERS

Brigitte Khoury, Ph.D.
Dr. Khoury is an associate professor and clinical psychologist at the Psychiatry Department at the Faculty of Medicine, American University of Beirut. She is the director of the Clinical Psychology Training Program as well as the Director of the Arab Regional Center for Research and Training in Mental Health. Her main activities revolve around her clinical work in providing psychotherapy to patients, teaching medical students, supervising psychology graduate students in their clinical training and conducting research. Her research interests focus on issues related to sexuality and reproductive health, comparing psychology across international settings and refugee mental health. She is on the advisory group for the revision of the International Classification of Diseases with WHO-Geneva and the regional coordinator for the field studies in the Arab region. She is a consultant for several NGOs and UN bodies such as UNFPA, UNHCR, International Medical Corps and Medecins sans Frontieres.

Dr. Khoury got her doctorate at Palo Alto University in California, and did her clinical training at Stanford University in California, where she is licensed to practice.

She is the founding president of the Lebanese Psychological Association and a current board member. She was instrumental in collaborating with the Ministry of Health in drafting practice laws to regulate the profession of psychology in Lebanon.

Dr. Khoury is well published internationally, and a member of several international psychology organizations such as the American Psychological Association, and the vice president of the Arab Council of Psychology.

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Monica Indart, Psy.D.
Monica Indart is a licensed clinical psychologist who provides an array of clinical and consulting services for crisis, disaster and trauma-related issues. She helped establish and served as co-director of Medecins Sans Frontieres’ (Doctors Without Borders) Psychosocial Care Unit, a specialized unit providing support and consultation to humanitarian aid workers. Dr. Indart has provided consultation, program development, and evaluation, and professional training to the United Nations Secretariat, UNDP, and UNICEF in areas of crisis and trauma response, peer support, staff care and emergency preparedness. Dr. Indart worked for the New Jersey Disaster and Terrorism Branch from 2001 to 2010; her work included the 9/11 FEMA-funded crisis counseling program, where she specialized in organizing and providing services to immigrant and hard to reach communities. Dr. Indart has volunteered with Health Right International’s Human Rights Clinic since 2002, providing psychological evaluations for asylum seekers, as well as program development, consultation and training services. She has developed and delivered a training for mental health providers in the Ukraine on best practices in survivors of torture treatment services, and has provided consultation to a Syrian medical team developing mental health and psychosocial support services for refugees in southern Turkey. She maintains a private practice, specializing in the treatment of severe trauma, grief and loss, including survivors of torture, suicide and homicide. She has been an assistant professor at the Graduate School of Applied and Professional Psychology at Rutgers University for the past fifteen years, and is a graduate of that program, earning her Psy.D. in clinical psychology in 1994.

Ambreen Qureshi
Ambreen Qureshi joined the Arab American Family Support Center (AAFSC) in 2012 as the Director of Development and Communications and became the Deputy Executive Director in 2013. Ms. Qureshi’s professional background is in international programming, advocacy and development. Prior to AAFSC she was the Program Director of WISE, Women’s Islamic Initiative in Spirituality and Equality. Ms. Qureshi also worked for the Jordan Red Crescent Society and organized a summer arts and education program for low income and refugee youth in East Amman. She has extensive experience in developing and managing international campaigns – from independent initiatives, such as “Friends of Jassim” to help targeted Iraqi fixers, to global awareness campaigns including “The End of Polio” with UNICEF and WHO, and “Chasing the Dream: Youth Faces of the Millennium Development Goals” project with UNFPA. Ms. Qureshi speaks Urdu and basic Arabic and French. She has a BS in Biology from the City College of New York and a Master’s degree in International Affairs from the New School in New York.

Michael Wessells, Ph.D.
Dr. Wessells is Professor at Columbia University in the Program on Forced Migration and Health. A long-time psychosocial and child protection practitioner, he is former Co-Chair of the IASC Task Force on Mental Health and Psychosocial Support in Emergency Settings. He has conducted extensive research on the holistic impacts of war and political violence on children, and he is author of Child soldiers: From violence to protection (Harvard University Press, 2006). Currently, he is lead researcher on inter-agency, multi-country research on community-driven interventions for strengthening linkages of community-based child protection mechanisms with government-led aspects of national child protection systems. He regularly advises United Nations agencies, governments, and donors on issues of child protection and psychosocial support, including in communities and schools. Throughout Africa and Asia he helps to develop community-based, culturally grounded programs that assist people affected by armed conflict and natural disasters.
Dina Birman, Ph.D.

Dina Birman, Ph.D. is Associate Professor of Educational and Psychological Studies and Director of the Ph.D. Program in Community Well-Being at the University of Miami, School of Education and Human Development. Dr. Birman is an expert on the psychology of immigration, particularly on refugee mental health, acculturation and adaptation of immigrants and refugees, and community-based interventions designed to improve their mental health and well-being. As a refugee from the former Soviet Union herself, she is interested in how culture shapes human behavior. Dr. Birman has conducted research on adaptation of adolescent, adult, and elderly refugees, including those from the former Soviet Union, Central America, Somalia, and Vietnam. She has published on school and psychological adjustment of refugee adolescents, the role of parental involvement, differences in acculturation between adolescents and their parents, and effectiveness of community- and school-based mental health interventions. As a community psychologist, she explores these topics from an ecological perspective, studying the impact of characteristics of the schools and receiving communities. Prior to starting her academic career she worked as a program officer in the refugee Mental Health Program at the Substance Abuse and Mental Health Service Administration (1991-1997), providing consultation and technical assistance on mental health issues to the national refugee resettlement program administered by the Office of Refugee Resettlement (ORR). She continues to collaborate with refugee resettlement providers on research. She was a member of the American Psychological Association Immigration Taskforce, and co-author of the Taskforce Report, Crossroads: The Psychology of Immigration in the New Century (2012). She is also currently serving as Editor in Chief of the International Journal of Intercultural Relations.

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Eskinder Negash

Eskinder Negash is the Senior Vice President of Global Engagement at the U.S. Committee for Refugees and Immigrants (USCRI). A refugee from Ethiopia himself, Mr. Negash has over 35 years of not-for-profit management experience working on behalf of refugees and immigrants. He served as Director of the Office of Refugee Resettlement (ORR), the largest government funded refugee resettlement organization in the world, from 2009 – 2015. With a budget of over 1.5 billion, the ORR plays a critical role in providing essential services to a wide range of vulnerable people through the Resettlement Program, Rescue & Restore anti-trafficking campaign, and the Unaccompanied Children’s Program. Under his leadership, ORR served more than 850,000 people in six years. Prior to his appointment by the Obama Administration, he served as the Vice President and Chief Operating Officer of USCRI.

Mr. Negash also served as Vice President and Chief Administrative Officer of the International Institute of Los Angeles for 15 years. He has been chair of the Joint Voluntary Agencies Committee of California, chair of the California State Refugee Advisory Council, and a board member of the Coalition for Human Immigrant Rights of Los Angeles (CHIRLA). In 2009, Mr. Negash received an Outstanding American by Choice award from DHS U.S. Citizenship and Immigration Services, which recognizes naturalized U.S. citizens who have made significant contributions to both their community and their adopted country. In 2010, the International Rescue Committee (IRC) honored Mr. Negash as one of ten distinguished men and women whose stories of hope and transformation epitomize the refugee journey.

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Naqibullah Safi, M.D.

Dr. Naqib Safi is the Senior Emergency Coordinator of the Emergency Response Team, with UNICEF’s Emergency Programme in New York. Prior to joining UNICEF HQ in NY, Dr. Safi, an Afghan national, held various positions including Acting Representative of UNICEF in the Kingdom of Lesotho; Deputy Representative of UNICEF in the Kingdom of Lesotho; Senior Emergency Coordinator Ebola Response in Liberia; Chief of UNICEF Field Office in Darfur, Sudan; Director General, Primary Health Care/Preventive Medicine, MoH, Kabul, Afghanistan; Director, Provincial Public Health Care, Parwan Province, MoH; Director Avicenna Infectious Diseases Teaching Hospital; and Director Maiwand Teaching Hospital, Afghanistan. Dr. Safi joined UNICEF as a Senior Advisor to the Ministry of Health in Afghanistan, where he served as National HIV/AIDS Control Programme Manager and Global Fund (to fight AIDS, TB and Malaria) Programme Manager from 2002-2005. Dr. Safi served as a Health Specialist in West Darfur, UNICEF Sudan Country Office 2005-2006. From December 2006 to January 2010 he held the position of Chief of Field Office in UNICEF West Darfur, Sudan; and from January 2010 until June 2015 he worked as Deputy Representative and Acting Representative in the Kingdom of Lesotho. As Emergency Coordinator, he undertook extended missions to respond to Ebola Viral Diseases (EVD) in Liberia (October 2014–February 2015) and to the Refugees and Migrants Crisis in Europe (tfYRoM, Bulgaria, Serbia, Croatia, Slovenia, and Greece from October 2015–March 2016).

Dr. Safi holds a Certificate in Leadership from INSEAD, Fontainebleau, France, a Diploma in Business Administration (DBA), from Edinburgh Business School; a Post-Graduate Diploma in HIV Management (PDM) from the African Centre for HIV Management, Stellenbosch University, South Africa; a Masters of Community Health (MCommH) from the Liverpool School of Tropical Medicine, UK; and Medical Degree (MD), Avicenna Medical Institute, Kabul University, Afghanistan.

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CLOSING REMARKS

H.E. Ambassador Dr. Caleb Otto

H.E. Dr. Caleb Otto is the first native Palauan to hold his post as Permanent Representative of Palau to the United Nations. Ambassador Otto is a physician, former Director of Public Health in Palau, served one term as a Senator in the National Congress, as Chairman of the Board of the Palau Conservation Society and a member of the Palau National Olympic Committee during which time he was the team physician for the Palau National team at the London Olympics in 2012. Ambassador Otto is the founder of the Coalition for a Tobacco Free Palau and was the negotiator representing Palau on the Framework Convention on Tobacco Control for which he received the WHO Director General Award in 2003. He is a human rights advocate and has championed the ratification of the Convention on the Rights of the Child in Palau, translated the Convention into Palauan and was one of the authors of the first report of implementation of the Convention. His advocacy for human rights includes work on the Implementation of the Code of Marketing of Breastmilk Substitutes as the means to ensure the rights of infants to breastmilk, work on Rights of Persons with Disability, Women’s rights under CEDAW and rights of the Indigenous People, including protection of traditional and cultural heritage. During the recently concluded United Nations Open Working Group on the Sustainable Development Goals, he led the efforts to include mental health and well-being in the targets under the goal on health and advocated for availability and access to water as matter of human rights, as well as a stand-alone goal on peaceful and stable society, grounded on tolerance, acceptance and understanding, as an important component of a firm foundation for sustainable development, a stand-alone goal on Oceans and Climate Change, respectively.
PANEL MODERATORS

Ayorkor Gaba, Psy.D.
Ayorkor Gaba, Psy.D. is a Senior Project Director at the University of Massachusetts Medical School (UMMS), Department of Psychiatry, and a Representative of the American Psychological Association at the UN since 2014. As an APA representative, she is the chair of the 2016 Program Subcommittee for Psychology Day at the UN. She is a licensed clinical psychologist with years of experience in providing treatment to those with co-occurring substance use and mental health disorders (CODs), supervising/training mental health staff, conducting addictions treatment research, and evaluating behavioral health intervention and prevention programs. In her current role at UMMS, she directs a program evaluation portfolio for state and federally funded programs implementing the Maintaining Independence and Sobriety through Systems Integration, Outreach and Networking (MISSION), an evidence-based intervention model developed specifically to meet the needs of individuals with CODs transitioning into the community. MISSION is implemented in specialty courts (i.e. mental health), jails and veteran serving organizations across the country. She is currently conducting qualitative research with MISSION participants to better understand participant perceptions and experience of bias and cultural competence within mental health court and diversion treatment programs. Dr. Gaba brings her training and expertise in addictions, cultural psychology, and family systems to inform and enhance interventions for vulnerable populations. Dr. Gaba received her doctoral degree in Clinical Psychology at Rutgers University, with a dissertation examining acculturation and substance in immigrant youth. She has a small private practice and serves as a consulting clinical supervisor to students in the Rutgers doctoral psychology program.

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Rachel Ravich, Ph.D.
Rachel Ravich, Ph.D. is the UN/NGO Main Representative for the Society for the Psychological Study of Social Issues. She is a social and licensed clinical psychologist with a Ph.D. from Columbia University, and a M.Sc. from the London School of Economics. A former UN staff member, organizational consultant, and community mediator, she has taught courses at Columbia University’s International Center for Cooperation and Conflict Resolution and at Hofstra University. At the UN, she was the co-coordinator for the Third Annual Psychology Day at the UN, with the theme “Psychology and Diplomacy, Negotiating for Peace and Human Rights.” She has served as a board member of the NGO Health Committee, and has chaired a number of Side Events for the UN Commission of Sustainable Development and the UN Commission for Social Development. Subjects included Sustainable Development Goal Indicators for Health and Wellbeing, Climate Change and Children’s Health, Protecting Health and Promoting Resilience across the Lifespan.
Co-Sponsoring Organizations

The Permanent Mission of El Salvador to the United Nations
The Permanent Mission of Palau to the United Nations
American Psychological Association (APA)
Association for Trauma Outreach & Prevention (ATOP) (Meaningfulworld)
Division of Academic Psychology, New York State Psychological Association (NYSPA)
Division of International Psychology (APA Division 52)
Division of Women's Issues, New York State Psychological Association (DOWI, NYSPA)
Institute for Multicultural Counseling and Education Services (IMCES)
International Association of Applied Psychology (IAAP)
International Council of Psychologists (ICP)
International Union of Psychological Science (IUPsyS)
OrgVitality
Organizational, Consulting, and Work Psychology, New York State Psychological Association (OCW, NYSPA)
Psi Chi, the International Honor Society in Psychology
Psychology Coalition of NGOs Accredited at the United Nations (PCUN)
Society for General Psychology (APA Division 1)
Society for Industrial and Organizational Psychology (SIOP) (APA Division 14)
Society for the Psychological Study of Social Issues (SPSSI) (APA Division 9)
World Council for Psychotherapy (WCP)

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Rashmi Jaipal and Roseanne Flores

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SPECIAL THANKS TO:
The APA Office of International Affairs, Merry Bullock, Ph.D. (Senior Director), Sally Leverty (International Assistant), and Bryan Lyle (Sr. Web Developer, APA)
The United Nations Psychology Day logo developed and donated by Dr. Rachel Ravich (SPSSI) and Mr. Eli Rosenbloom, 2010.
Useful Web-based Resources

United Nations:

• UN Sustainable Development Goals (SDGs):
  https://sustainabledevelopment.un.org/sdgs
• Transforming Our World: The 2030 Agenda for Sustainable Development:
• Convention on the Rights of the Child:
  http://www.un.org/documents/ga/res/44/a44r025.htm
• UN High Commissioner for Refugees (UNHCR)
  o The Refugee Story in Data and Statistics:
    http://www.unhcr.org/pages/49c3646c4d6.html
  o Refugee Resettlement: An International Handbook to Guide Reception and Integration:
    http://www.unhcr.org/4a2cfe336.html
  o Integration of Resettled Refugees:
    http://www.unhcr.org/52a6d85b6.html
• UN Office of the High Commissioner for Human Rights (UNOCHR)
  o Human Rights and Refugees:
  o Refugees/Migrants Emergency Response-Mediterranean:
    http://data.unhcr.org/mediterranean/regional.php
  o From Horror to Healing:
    http://www.ohchr.org/EN/NewsEvents/Pages/Fromhorrortohealing.aspx

UNICEF:

• Major Spike in Number of Refugee and Migrant Children:
  http://www.unicef.org/media/media_86208.html
• Syrian Refugees:
  http://www.unicef.org/appeals/syrianrefugees.html
• Migrant and Refugee Crisis in Europe:
  http://www.unicef.org/emergencies/index_85510.html and
  http://www.unicef.org/appeals/refugee_migrant_europe.html

International and National Organizations:

• Save the Children Federation: Children in Crisis: Good Practices in Evaluating Psychosocial Programming
• National Child Traumatic Stress Network: Mental Health Interventions for Refugee Children in Resettlement
• European Parliamentary Research Service Blog: Unaccompanied Migrant Children in the EU
• American Psychological Association: Working with Refugee Children and Families
• Public Mental Health Initiative: Tip Sheet for Working with Syrian and Middle Eastern Refugees